Urinary Catheter Care WEST COAST UNIVERSITY

Student:

Student.		Peer 1	Peer 1 Peer 2 Faculty		
				Evaluation	
NPSG	Wash hands per CDC guidelines				
	Provide patient privacy.				
NPSG	Introduce yourself.				
NPSG	Identify patient correctly using two identifiers (check to chart).				
NPSG	Verify allergy status.				
	Perform environmental safety check.				
	Ensure proper body mechanics.				
Camanal	Gather all supplies, equipment, and PPE as needed.				
General S					
	MD order.				
	for procedure need. Explain and educate the patient about the procedure.				
Applying	a Condom Catheter				
Place su	upplies at bedside.				
Position	n patient to optimize safety and privacy while allowing easy catheter placement.				
Place ba	ath blanket over patient and pull top linens under blanket down to foot of bed.				
Place a	towel between the patient's legs. Push bath blanket up toward patient's abdomen.				
Clean, r	inse and dry penis with warm soapy water. If penis is uncircumcised, retract foreskin and clean between				
folds.					
Open ca	atheter equipment packages. Apply adhesive/skin protectant to penis (if applicable to type of catheter)				
and allo	ow to dry.				
Apply c	atheter to shaft of penis. Connect catheter to drainage tubing and bag. Attach leg strap to patient's thigh.				
	drainage tubing to leg strap.				
	hat catheter is in place and will not come off easily. Check that blood supply to penis is adequate.				
_	rainage bag at bedside. Remove bath blanket and adjust gown and linens. Make sure patient is				
comfor					
	and dispose of all supplies. Ensure safe environment: bed to appropriate height, brakes locked,				
	riate side rails up and call light within reach				
NPSG	Wash hands per CDC guidelines				
	an Indwelling Retention Catheter - Female				
	upplies at bedside.				
	n patient to optimize safety and privacy while allowing easy catheter placement.				
	ath blanket over patient and pull top linens under blanket down to foot of bed.				
	need for perineal cleaning. Have patient move ankles up and to side.				
	atheterization kit. Place drape between patient's legs.				
	erile gloves. Open packet of antiseptic solution and pour on to cotton balls. Prepare lubricant. Attach d syringe to catheter's balloon port.				
_	a syringe to catheter's balloon port.		l i		
	and aminant hand caread labia minera to expose urinary meetus. With deminant hand, clean musesa with				
	ondominant hand spread labia minora to expose urinary meatus. With dominant hand, clean mucosa with				
one dov	wnward stroke of each antiseptic-soaked cotton ball. Wipe labia furthest away first and always wipe from				
one dov	wnward stroke of each antiseptic-soaked cotton ball. Wipe labia furthest away first and always wipe from back.				
one dov front to Hold ca	wnward stroke of each antiseptic-soaked cotton ball. Wipe labia furthest away first and always wipe from back. theter with sterile dominant hand while stabilizing labia minora. Lubricate catheter.				
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	Peer 1	Peer 2	Faculty Evaluation
Using towel or drape to collect drainage, observe catheter for any blood, mucus, or signs of infection.			
Prepare catheter or tip for culture if indicated.			
Cleanse and dry perineal area. Adjust linens. Make sure patient is comfortable.			
Gather and dispose of all supplies. Ensure safe environment: bed to appropriate height, brakes locked,			
appropriate side rails up and call light within reach			
NPSG Wash hands per CDC guidelines			
Inserting and Removing Straight Catheter - Male			
Place supplies at bedside.			
Position patient to optimize safety and privacy while allowing easy catheter placement.			
Place bath blanket over patient and pull top linens under blanket down to foot of bed.			
Place a towel between the patient's legs. Push bath blanket up toward patient's abdomen.			
Open catheter kit. Place drape over patient's upper thighs.			
Don sterile gloves. Discard specimen cup, unless needed. Place fenestrated drape over penis. Open antiseptic			
swab package and prepare lubricant. Bring basin and supplies close to patient. Grasp penis and cleanse urethral meatus and head of penis with antiseptic swabs. Use sterile gloved hand to hold			
catheter and nonsterile gloved hand to hold penis. Retract foreskin if necessary.			
Apply lubricant to catheter. Insert catheter into urethra. Release foreskin if retracted. Advance catheter until you			
see urine. Hold catheter in place until all urine has drained into basin.			
Remove catheter slowly. Remove drape. Adjust gown and linens. Remove bath blanket. Make sure patient is			
comfortable.			
Gather and dispose of all supplies. Ensure safe environment: bed to appropriate height, brakes locked,			
appropriate side rails up and call light within reach			
NPSG Wash hands per CDC guidelines			
Perineal Care- Female			
Place supplies at bedside.			
Assist patient to a comfortable position that allows you to visualize perineal area.			
Place bath blanket over patient and pull top linens under blanket down to foot of bed while patient holds top of			
blanket.			
Have patient bend knees and spread legs. Place waterproof pad underneath patient if not already in place. Lift bath blanket and gown toward patient's abdomen.			
Stabilize external genitalia with nondominant hand and expose by holding back labia.			
Wash labia majora and perineal area from front to back with warm washcloth and approved perineal wash and			
using a different area of washcloth for each side. Wash labia minor from front to back. Rinse labia major from			
front to back. Rinse labia minora from front to back. Gently pat dry.			
Clean first 4 inches of external portion of catheter closest to patient. Dry catheter.			
Remove waterproof pad. Adjust gown and blanket. Reattach catheter to leg band. Assess catheter for patency.			
Adjust gown and linens. Remove bath blanket. Make sure patient is comfortable.			
Gather and dispose of all supplies. Ensure safe environment: bed to appropriate height, brakes locked,			
appropriate side rails up and call light within reach			
NPSG Wash hands per CDC guidelines			
PEER #1:			
PEER #1.			
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PEER #2:			
Faculty Evaluator:			
Comments:			